

Test Your fFN Knowledge

Do you know the truth?

	T	F
1 A negative fFN result is valid even if she's had sex in the prior 24 hours.	☐	☐
2 ~80% of symptomatic patients will get a negative fFN result.	☐	☐
3 Collection window for symptomatic patients: 24 ⁰ –34 ⁶ weeks.	☐	☐
4 fFN must be collected before a digital exam.	☐	☐
5 AmniSure®, ROM Plus®, or Actim PROM® tests can be used instead of fFN testing.	☐	☐
6 Using fFN in addition to TVUS improves sPTB prediction by ~50% vs. TVUS alone.	☐	☐



Answers on Back

Did you know?

fFN Fun Facts

1 A negative fFN result is valid after sex.

A negative fFN result is valid even if she's had sex in the last 24 hours. Semen will not cause a false negative, but it can occasionally cause a false positive. So a positive result, in this situation, should be confirmed after 24 hours.¹

2 ~80% of patients will get a negative fFN result.

The vast majority of symptomatic patients, ~80%, will receive a negative result.¹

3 24 weeks, 0 days – 34 weeks, 6 days.

That's the FDA approved gestational collection window for patients with symptoms of preterm labor.¹

4 Always collect fFN first; there are no 2nd chances.

Always collect an fFN sample before a digital exam. Collection kits are free and you can always decide later to send the sample for testing, but you can't decide later to collect a sample.

5 fFN testing ≠ ROM testing: Different tests. Different purposes.

A negative ROM result does **not** rule out imminent preterm birth. ROM tests look for amniotic fluid in the vagina to help determine if her membranes have ruptured. fFN testing helps determine whether the baby is "glued in" well or not and is used to assess her risk of preterm birth. Leaking fFN reveals her preterm birth risk long before her membranes actually rupture.^{1,2}

6 Using fFN in addition to TVUS improves sPTB prediction by ~50% vs. TVUS alone.

1 out of 4 patients with a cervical length (CL) measurement of <30mm will deliver <7 days. However, when a patient with a <30mm CL **also has a positive fFN result**, her risk increases to **~1 out of 2**. And if she has a <30mm CL and a **negative fFN result**, her risk drops to just **~1 out of 10**.³

AmniSure is a trademark of QIAGEN Group. ROM Plus is a trademark of Clinical Innovations. Actim PROM is a trademark of Cooper Surgical.

References: **1.** Rapid fFN for the TLi_Q System [package insert]. MAN-01669-001, Rev. 003. San Diego, CA: Hologic, Inc.; 2018. **2.** Aetna. Non-Invasive Fetal Membranes Rupture Tests. Clinical Policy Bulletin 0757. Last Reviewed November 6, 2020. Accessed January 21, 2021. http://www.aetna.com/cpb/medical/data/700_799/0757.html. **3.** R. Gomez, et al. Cervicovaginal fibronectin improves the prediction of preterm delivery based on sonographic cervical length in patients with preterm uterine contractions and intact membranes. AJOG 2005; 192: 350-359.

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